



Albany Christian School

a ministry of

Willamette
COMMUNITY CHURCH

420 Third Ave. SE Albany, OR 97321

541.928.1110

www.albanychristian.org

ACS Illness Policy

PURPOSE: This policy exists to clearly designate specific illness symptoms for parents and ACS staff for the purpose of the decision-making process from school. This policy is set in place for the overall health and safety of the students enrolled in the ACS Preschool and Child Care programs.

Symptoms Requiring Removal of Child From School:

- **Fever:** Fever is defined as having a temperature of 100.4°F using a non-contact infrared thermometer, or 101°F if taken orally (a child or adult needs to be fever free for a minimum of 24 hours before returning to the school campus, that means the child/parent is fever free without the aid of Tylenol®, or any other fever reducing substance.)
- **Diarrhea:** runny, watery, bloody stools, or 2 or more loose stools within last 4hrs.
- **Vomiting:** Within a 24hr period. Note: please do not bring your child to school on the morning after the night he/she may have vomited.
- **Chills:** Essentially any condition that may produce fever (including infections and cancers) can result in chills along with fever. Fever and chills are common symptoms of influenza infection
- **Sore Throat:** A sore throat condition for more than three days may be an indication of a more severe infection such as strep throat, in which case a medical diagnosis and care is needed.
- **Scratching:** Frequent scratching of body or scalp may indicate lice, rash, ringworm or other childhood diseases.
- **Irritability:** Child is irritable, continuously crying, or requires more attention than we can provide without hurting the health, safety or well-being of the other children in our care.

Our school policy states that you or your child should not be on the school campus if they have:

- Fever in the past 24hrs
- Diarrhea in the past 24hrs
- Vomiting in the past 24hrs
- Chills
- Sore throat for over three days
- Strep Throat (until a medical diagnosis and care has been secured before returning to school)
- Bad cold, with a very runny nose or bad cough, especially if it has prevented a good night's sleep
- Head lice – until treated has been administered according to a nurse or doctor's instructions

Best Practices for COVID-19 Exclusion:

• Any child or staff member, regardless of vaccination status, if they exhibit COVID-19 symptoms including new loss of taste or smell, fever, new cough, or shortness of breath in the last 10 days should quarantine for 10 days. It is recommended they get tested for Covid.

o New cough means out of the ordinary for this person – e.g., not typical asthma, allergies.



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o Fever means 100.4 degrees Fahrenheit or more, without the use of fever-reducing medication.

o Quarantine should be for 10 days beginning from the onset of symptoms and 24 hours after both fever and cough resolve, without the use of a fever reducing medication.

- The 10-day exclusion period can be shortened:
 - o If an individual with symptoms of COVID-19 tests negative after 7 days of the 10-day period. They can return to the school campus 24 hours after resolution of cough and fever without the use of fever-reducing medication.
 - o If an individual's only symptom is fever and is advised by a medical professional, they can return to the school campus.
 - o Documentation from the medical professional is recommended. The person should be fever-free for at least 24 hours.
 - o A child who has received routine childhood vaccinations in the last 48 hours can return to the school campus at the direction of a medical professional once they are fever-free. Documentation of vaccination from the medical professional is recommended.
- Monitor for symptoms anyone who comes onto the school campus who is known to have had a household member with symptoms of COVID-19. The ill household member should be strongly encouraged to get tested.
- A staff member or student who is a close contact of an individual with presumptive or confirmed COVID-19 (exposed) may be required to quarantine in accordance with Oregon Health Authority rules.

For Exposure to a Confirmed Positive Covid case:

- o If you decide not to test and you did not develop symptoms, you can return to school after 10 days.
- o You may test 7 days after the exposure.
 - o If the test is negative, and you have not developed symptoms you may return to school.
 - o If the test is positive, then your new quarantine date will begin from the date of the positive test.
 - o You will be able to return to school 10 days after the positive Covid test date



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- Follow these recommendations for individuals who are experiencing COVID-19 symptoms but who have received their COVID-19 vaccine within the past three days:
 - o If the individual has symptoms of fatigue, chills, muscle ache, joint pain, or redness – these are likely vaccine side effects. If fever is present, staff members should stay home until 24 hours fever-free.
 - o If the individual's only symptom is fever, the individual should stay home until 24 hours fever-free. If the fever does not improve in two days, the individual should see a health care provider and consider getting tested for COVID-19 as they may have been exposed prior to vaccination.
 - o If the individual has symptoms that include cough, shortness of breath, or loss of taste or smell, they should be excluded consistent with the recommendations above.
- Please be sure that arrangements can be made to transport your child home from school and that childcare is available in case of illness.
- If your child comes to school ill, or becomes ill at school and the school determines that your child is too sick to benefit from school or is contagious to other children, you will be notified to come and take him/her home from school.
- It is essential, therefore, that the school has a phone number where you can be quickly contacted during the day. It is also essential that the school has an emergency number on record in the event you cannot be reached. If your daytime or emergency phone number changes during the school year, please notify the school office at 541-928-1110.

Thank you for your cooperation. These guidelines are meant to protect all the children enrolled in our school. If you have any questions or concerns, please do not hesitate to call.

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